



Newsletter

November 2015

Message from the President

The TAVRP has continued this year to offer a range of professional development opportunities (read below for more details), as well as representing Rehabilitation Providers to WorkSafe on your behalf, particularly in respect to the recent Red Tape Reduction Consultation process. We will provide our members with updates as they come to hand.

As 2015 quickly comes to an end, I invite you to take a moment to consider all the great work you have done this year, influencing positive outcomes for injured workers and working with them towards a more functional 2016.

I would like to take the opportunity to wish you and your families all the best for 2016.

Anne-Marie Dean



*Don't forget our
Christmas / End of Year Function
to be held at the
Signal Station Brassiere— Mt Nelson
Tuesday 1 December 2015
4:30pm -6:00pm*



Professional Development



This year we have had the privilege of hosting speakers at our monthly breakfast meetings in the south from a wide range of interesting areas, including:

- Issues Facing New Migrants and Refugees by Jenny Wood
- Worker Assist staff providing us with information on their services to injured workers
- Susan Grenness - Audiologist discussing the impact of hearing loss in the workplace
- Peter Nelson - Clinical Psychologist on Psychologists and Rehabilitation Providers in the RTW context
- Lin Monash from Health-wise Counselling
- Kate Thomas - Tasmanian Spine Service

One of our most popular presenters was Leigh Mackey, Partner at Ogilvie Jennings who presented to a packed house of 30+ attendees. Leigh presented information about the Tasmanian Workers Compensation Tribunal. This included information about the role of the Tribunal, the benefits and risks to both Injured Workers and Employers of taking a case to the Tribunal, as well as providing an overview of the more common reasons for engaging with the Tribunal and possible outcomes. Leigh did an amazing job of presenting information from both the Plaintiff and the Defendant perspective, the financial impost and also the value in certain cases of the independent body. We hope we can ask her to participate in future TAVRP events also.

TAVRP also held two PD Seminars:

- ◇ April 2015 - Dr Jennifer Pynt, Adjunct Research Fellow Education for Practice Institute Charles Sturt University, presented on “Dynamic Seating for Office Workers”
- ◇ July 2015—Dr Mandy Matthewson, Clinical Psychologist, provided us with a half-day workshop on “Motivational Interviewing”.

Memorandums of Understanding

TAVRP has now negotiated and agreed 2 MOU's; the first with the *Human Factors & Ergonomic Society (HFESA)* and the second with the *Australian Society of Rehabilitation Counsellors (ASORC)*, allowing reciprocal rights to full Members of all organisations to benefit from Member rates at PD events within Australia including Webinar events. TAVRP believe that this is a terrific initiative that is aimed at benefitting Members of all groups with professional development opportunities.



The TAVRP is committed to providing PD opportunities for our members in the north of the state in 2016, so watch your inbox for details of events that you may be interested in attending.

Visit our website: www.tavrp.com.au

Rehabilitation & Compensation Advisory Committee



Two of our Executive Committee members, Angela Kerrison-Smith and Anne-Marie Dean, remain as Advisors to this WorkSafe Tasmania Committee.

Our aim is to provide WorkSafe Tasmania with representation from the sector and have input into legislation. We are committed to maintaining our representation and input into this Committee - as well as feeding back to TAVRP Members information regarding issues impacting on our professional practice and industry

Motivational Interviewing Seminar (report from Cheryl Cushion)

Dr Mandy Matthewson from the University of Tasmania presented a half day seminar on Motivational Interviewing on 23 July 2015.

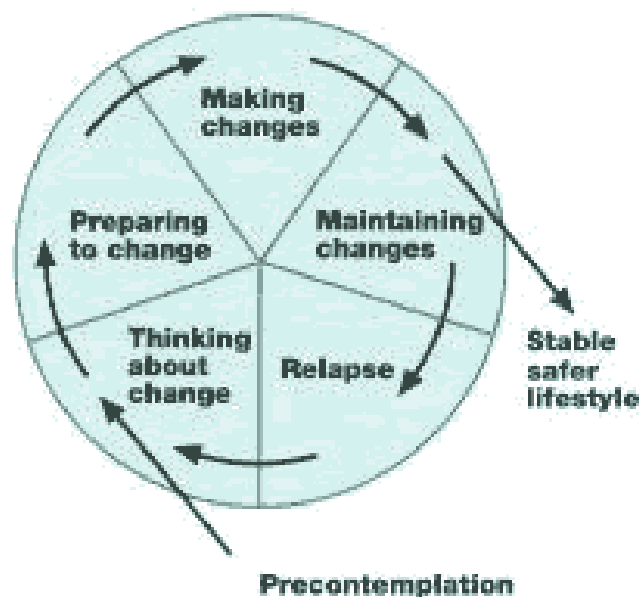
The participants learned some of the core skills of motivational interviewing.

Tips included:

- * listening to clients for better understanding and
- * to empathically highlight their responses.

Core skills included:

- * open questions;
- * congruent affirmation;
- * reflection;
- * summary;
- * elicit and reinforce self-motivation statements.



The stages of change were also reviewed. It was demonstrated that empathic and non-judgemental reflections could be used to challenge and invite the client to engage in change. Used correctly, this can enhance communication and lead to reduced resistance and increased motivation to help address entrenched negative perceptions where they occur.

Dr Matthewson presented an engaging and beneficial training session, reinforced by group exercises, and much appreciated by those attending. This session will definitely help the attendees to hone their skills.