## Tasmanian Association of Vocational Rehabilitation Providers (TAVRP) Inc

## **Preventing Psychological Injury in the Workplace**

with Well Minds Work: Presented by

Clinical Psychologist, Dr Emma Richardson, Psychologist, Jessica Forward

(Co-founders of Well Minds Work)

Dr Emma Richardson works designing + delivering mental health and wellbeing training with Well Minds Work, teaching postgraduate UTAS psychology students and in private practice therapy at Eternal Women's Health. Jessica Forward delivers mental health and wellbeing training with Well Minds Work, and provides therapy in private practice at Salamanca Psychology. **Well Minds Work** offers workplaces a range of interactive evidence-based tailored mental health and wellbeing, facilitated by registered psychologists aiming to improve mental health and resilience, reduce absenteeism, improve productivity, and increase employee satisfaction at work.

We require prepayment to confirm your attendance by the RSVP date.

- Option 1 Smashed Avo and Persian Feta on grilled sourdough, poached egg, pomegranate, Dukkah.
- Option 2 Scrambled Eggs and Bacon on rye toast
- Option 3 Duchess Granola, with poached apples, blueberries, coconut yogurt and almond milk

TAX INVOICE ABN 96 128 479 496 (no receipts will be issued). Presenters: Emma Richardson & Jessica Forward (16.11.2021) RSVP: With Payment by Friday 12.11.2021

Email admin@tavrp.com.au. To assist with timely serving of breakfast we request you pre-order with this RSVP

Ontion 3

**Breakfast Order (Circle):** 

Ontion 1

| ~ P                       | ~ p   | ~ P |  |
|---------------------------|-------|-----|--|
| Special Dietary Requireme | ents: |     |  |
|                           |       |     |  |
|                           |       | =>  |  |

Ontion 2

| ☐Members \$25 (Includes GST of \$2.27) ☐Non-Members \$35 (Includes GST of \$3.18) |  |  |  |  |  |
|---|--|--|--|--|--|
| Name:Ph:  |  |  |  |  |  |
| Address:  |  |  |  |  |  |
| Email:  |  |  |  |  |  |
| Company:  |  |  |  |  |  |
| Or direct deposit: WBC Hobart BSB: 037001 Account: 186192                         |  |  |  |  |  |
| (Please include your name on the deposit receipt/reference section)               |  |  |  |  |  |
| Charge \$to my AMEX, Visa, MasterCard   |  |  |  |  |  |
| Name on Card:   |  |  |  |  |  |
| Card Number:Expiry:/CVC:  |  |  |  |  |  |
| Signature:  |  |  |  |  |  |
| Please note: There are no refunds or credits available after the RSVP date        |  |  |  |  |  |



Professional Development
Breakfast Series
Registration Now Open

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Tuesday 16 November 2021

Please arrive by 7:15am for coffee orders
Breakfast Served at 7.30 am sharp
Presentation 7.45
Questions to follow
Event concludes 8.30am.

The Duchess Café
231 Sandy Bay Road
Hobart

contact: <a href="mailto:admin@tavrp.com.au">admin@tavrp.com.au</a>

www.admin@tavrp.com.au



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